

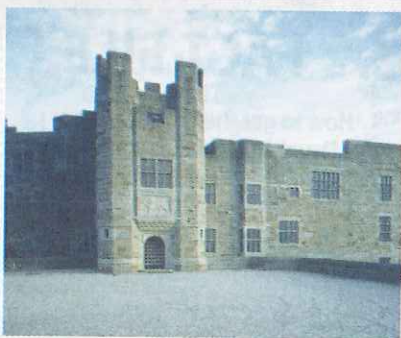
TRAVEL BAG



Words: **Jo Waters**

Cheap money

The popular money-saving website www.lovemoney.com recently chose the Caxton FX prepayment card as their best buy for travellers as it imposes no ATM withdrawal or commission charges. Pay a one-off £10 fee and load it with money before you travel to make payments and withdrawals without fees. Call 0845 222 2639 or visit www.caxtonfxcard.com



DAYS OUT

The Autumn Woodland Deer Walk and Breakfast at Castle Drogo in Devon.

Castle Drogo and its surrounding estate is located within Dartmoor National Park and was taken on by the National Trust 30 years ago. On October 18, you can join a guided walk around the castle's 600-acre grounds during the fallow deer rut. This is a chance to see and hear deer, and find the signs of their life in the surrounding woods. Afterwards, enjoy a delicious home cooked full English breakfast in the new restaurant. Castle Drogo, Drewsteignton, near Exeter, Devon EX6 6PB

// The Autumn Woodland Deer Walk and Breakfast, Oct 18, 7.30-10am. Adult £16 (inc breakfast), Children under 12 £10 (inc breakfast). Booking is essential. To book call 01647 433306 or visit www.nationaltrust.org.uk

Great views and great local food make the Isle of Wight an attractive holiday destination



The Isle of Wight: Foodies' Paradise

The Isle of Wight has become renowned as a top foodie destination. The Priory Bay Hotel near Seaview is a must to celebrate anniversaries or special occasions. The six-course tasting menu includes numerous seasonal island specialities such as Isle of Wight Blue Cheese, Dunsbury Lamb and Bembridge Lobster.

Or else follow Wightlink's Taste Trail, which takes in 20 foodie destinations to suit every pocket or palate. Highlights include the Newchurch garlic farm and Farmer Jack's shop at Arreton Barns.

Salty's restaurant in Yarmouth is the best place for a fish supper fresh from the sea, priced at £15 for 2 courses.

TOP TIP Supersaver fares to the Isle of Wight start at £35 inc a car and up to four people. Call 0871 376 1000

// **The Priory Bay Hotel**, Seaview, has two-night autumn deals (from Oct 1 2009) for £55 pppn inc return ferry crossing from Portsmouth or Southampton and complimentary afternoon tea. Call 01983 613146

// **For Isle of Wight Tourist Information:** Call 01983 813813

Swine flu insurance

Don't let swine flu catch you out! Check that your travel insurance covers cancellation with a pay-out at least equal to the holiday cost. The Association of British Insurers says that you'll need a diagnosis confirmed. For England, call the National Pandemic Flu Service 0800 151 3100 to make a claim. For Scotland, Wales and Northern Ireland, consult your GP.

Cruise for under £100

If the ongoing dreary weather is making you gloomy, snap up a bargain two-night mini-cruise to Amsterdam. Choose from the Abba Tribute Cruise on Oct 1 for £99 or the Comedy Cruise on Oct 10 for £79, both from Newcastle. You'll enjoy the on-board entertainment and spend five and a half hours ashore. Call DFDS Seaways on 0871 522 9955 or visit www.dfds.co.uk

Olive another one!

In 1987, American Airlines saved \$40 000 simply by eliminating one olive from each salad served in first-class!

